

## University of Groningen

### Coaching families with multiple problems

Tausendfreund, Tim

**IMPORTANT NOTE:** You are advised to consult the publisher's version (publisher's PDF) if you wish to cite from it. Please check the document version below.

*Document Version*

Publisher's PDF, also known as Version of record

*Publication date:*

2015

[Link to publication in University of Groningen/UMCG research database](#)

*Citation for published version (APA):*

Tausendfreund, T. (2015). *Coaching families with multiple problems: care activities and outcomes of the flexible family support programme Ten for the Future*. [Thesis fully internal (DIV), University of Groningen]. [S.n.].

#### Copyright

Other than for strictly personal use, it is not permitted to download or to forward/distribute the text or part of it without the consent of the author(s) and/or copyright holder(s), unless the work is under an open content license (like Creative Commons).

The publication may also be distributed here under the terms of Article 25fa of the Dutch Copyright Act, indicated by the "Taverne" license. More information can be found on the University of Groningen website: <https://www.rug.nl/library/open-access/self-archiving-pure/taverne-amendment>.

#### Take-down policy

If you believe that this document breaches copyright please contact us providing details, and we will remove access to the work immediately and investigate your claim.

*Downloaded from the University of Groningen/UMCG research database (Pure): <http://www.rug.nl/research/portal>. For technical reasons the number of authors shown on this cover page is limited to 10 maximum.*

## **Stellingen**

behorend bij het proefschrift:

### **Coaching families with multiple problems**

Care activities and outcomes of the flexible family support programme  
Ten for the Future

**Tim Tausendfreund**

Groningen, 5 maart 2015

- I. International comparison on the concept of families with multiple problems emphasizes the importance of understanding the phenomenon as an interplay between client characteristics (micro), their social environment (meso) and our social institutions (macro); effective care asks for support on all of these levels,  
*as demonstrated in this dissertation.*
- II. Parental stress plays a central role in outcomes and care duration of the flexible family support programme Ten for the Future (TF) [Dutch: Tien voor Toekomst],  
*as demonstrated in this dissertation.*
- III. Family coaches in TF performed a majority of care activities in cooperation with one or both parents alone, and only to a lesser extent with children or external professionals,  
*as demonstrated in this dissertation.*
- IV. The majority of care activities in TF fall into the categories of 'collecting information' and 'working towards (behavioural) change' in the families,  
*as demonstrated in this dissertation.*
- V. No coherent patterns of change were found for the outcome measures of family functioning and child problem behaviour,  
*as demonstrated in this dissertation.*

- VI. These findings taken together underline the importance of a dual key worker approach in services for families with multiple problems, which offers allocated care for children next to the support for parents, *as concluded in this dissertation*
- VII. Research on children and families who are described as 'most challenging' in care should be 'most challenging' to conduct in order to meet the objective.
- VIII. Je planmäßiger die Menschen vorgehen, desto wirksamer vermag sie der Zufall zu treffen  
[The more human beings proceed by plan the more effectively they may be hit by accident]. Friedrich Dürrenmatt, *Die Physiker*, 1962.